

Perfect Packed Lunch

Workshop description:

A card sorting activity gets students to think about the choices we make in the supermarket. How could they reduce, reuse and recycle more of the packaging in their own packed lunches?

Summary of workshop:

- Why is packaging necessary?
- Presentation on landfill and 3Rs.
- Packed lunch card sorting activity.

Time: 40mins-1hr

Number of students: 10-60

Suitable for years: 7-9

Misconceptions:

- That all packaging is bad.

Learning outcomes

By the end of the workshop pupils should be able to:

- Give at least one reason why some packaging can be necessary.
- Give an example of a type of food that can be bought in different types of packaging.
- Say one way that they could reduce, reuse or recycle some of the packaging in their own lunch box.

Vocabulary: KS3 – Contamination, Excessive, Landfill

Resources: (All supplied by SWAP unless stated otherwise.)

Projector and laptop **or memory stick if the school has the necessary ICT system in place.**

Cards with pictures of packed lunch items.

Extension question sheets.

Duration

2mins

5-7mins

11-15mins

12-14mins

(10mins)

5mins

5-7mins

Teaching and Learning activities:

Introduce myself, SWAP and what we will be doing in this workshop.

Students discuss why we need packaging and feed back their ideas.

Presentation to show how much rubbish we create and where it goes and the alternative of the 3Rs.

Students work in teams to sort out pictures of things found in a typical packed lunch according to the amount of packaging they have.

(Optional- students who finish the task quickly can discuss the questions on an extension task sheet.)

Students feedback their results.

We consider how much rubbish could be prevented if everyone in the school took packaging into consideration when choosing their lunch.